



Dream BIG Book

with

Coach Lori Anne

TM

America's #1 Take Action Success Coach & Strategist

Let's End 2026 on an Amazing **High Note** Get Ready to Create the Life of Your Dreams

Wow. It has been quite the year, hasn't it?

When I think back to January 1st, it seems like a whole decade has flown past since then! So much has happened... a lot of good stuff, a lot of crazy stuff, and some not-so-good stuff as well. *Just like every year.* Because the Universe always delivers a mixed bag of goods. This is true no matter who you are, where you live, or what your life is like.

But *how you experience* that mixed bag – and what you take away from it – depends entirely on YOU and what you choose to focus on.

When you focus on the positive things in your life, your outlook becomes more positive. You're better able to leverage your wins and learn from your mistakes and it becomes so much easier for you to maintain your forward momentum and attract the people, resources, and opportunities you need to achieve your goals in life. In the process, you become more confident and more likely to take the kind of risks that lead to big payoffs. And your life becomes so much more fulfilling, abundant, and rewarding as a result.

That's why I'm so excited to share my DREAM BIG GUIDE with you!

The questions and activities you're about to discover have been designed to remind you of everything you learned, accomplished, and survived this year, so you can remember that YOU are an incredibly strong and capable person who can accomplish amazing things!

Then, once you're feeling all powered up and confident about your ability to overcome challenges and get stuff done, you're going to open your mind to ALL conceivable possibilities – and visualize the most extraordinary life you can imagine yourself creating next year!

(After that – spoiler! – you'll be invited to our annual **powerful visioning and goal-setting workshop** that will help you release your limitations, clarify your vision for your life, and unleash the energy, focus, and momentum you need to make your dreams come true!)

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LDC Strategies
with Coach Lori Anne

But first...

Meet your host, Coach Lori Anne



I'm honoured to be your guide on this journey of **DREAMING BIG** and visualizing your most extraordinary life.

For more than 40 years, I've helped entrepreneurs, leaders, and individuals move through change, gain clarity, and turn their dreams and intentions into meaningful action. Today, as America's #1 Take Action Success Coach & Strategist, award-winning business coach, speaker, #1 international best-selling author, and radio and TV personality, my greatest joy remains helping people discover what's possible— take action toward it stepping into who they are meant to be.

I believe your dreams deserve more than a someday. They deserve intention, belief, and a first step.

So as you begin these pages, give yourself permission to dream without limits, imagine what could be, and create a vision that excites you.

After all...

Someday deserves a date.™

Are you ready? Let's get started!



LDC Strategies
with Coach Lori Anne

Step 1:

Celebrate Your Accomplishments in 2026

No matter what you think your year has been like – full of wins or plagued with more than you imagine!

So pour yourself a nice cup of tea or coffee and snuggle up somewhere comfortable as you answer the questions below. To get the most out of this experience, I recommend you begin with a few minutes of meditation or breath-focused awareness to calm your mind and fully open yourself to the experience. Then, feel free to take as much time as you need with each question and come back to add more information to your previous answers as you think back on the past year and remember everything you experienced in the past 12 months.

Remember, the point is to look back on your year and think, “*Wow, I can’t believe I did all that!*”

1. What were your *biggest triumphs*?

2. What brought you the *most joy*?



3. What *smart decisions* did you make?

4. What were your *favorite purchases*?

5. What did you *learn about yourself*?

6. What did *you learn about the world*?



7. What obstacles did you *overcome*?

8. How have you *grown*?

9. Who did you *love connecting with* this year?

10. What *big risks* did you take?



11. What were your *biggest surprises*?

12. What *cherished memories* did you create?

Your Key Takeaways

Now that you have answered the questions above and have a clearer view and deeper appreciation for everything you accomplished in the past year, what are your key takeaways?

Write down any thoughts you might have about everything you experienced and achieved. **What accomplishments matter most to you?**

Which big challenges are you most proud of yourself for overcoming?

What stories are you ready to let go of?

And what fresh understanding about yourself and your life do you want to bring with you into the year ahead?

Write down any ideas that occur to you on the following page...



Key Takeaways

All right, now that you've wrapped up 2026, let's
start thinking about the New Year to come!
(Go to step 2)



Step 2:

DREAM BIG for 2027!

"If you can see it, you can achieve it."

You may have heard me say this before... but do you understand what it means?

What I'm saying is, **if you can clearly imagine yourself achieving a goal, you have the inner capacity to achieve that goal.** I deeply believe that the Universe won't give you a dream unless you are capable of making that dream a reality.

So anything you are able to visualize yourself achieving is already within your grasp!

(Sure... you might have to gain some experience and learn some new skills. You may need to enlist the support of a mentor or make some big changes in your life. *But these are all things that are entirely possible for you to do.*)

With that in mind, I encourage you to spend another few minutes meditating or doing breath-focused awareness again to clear your mind and open yourself to all possibilities. Then get nice and comfortable and answer the questions below.

1. How would you like to *see yourself grow in 2027?*

2. What do you want to *learn?*

3. What would you like to *change*?

4. How would you like to *improve*?

5. What would you like to *experience more of*?

6. How do you want to *FEEL in 2027*?

7. Choose your *THEME for 2027*: (a one-word description that encompasses what you want your year to be like)





Key Takeaways

Now that you have answered the questions above and have a clearer idea of what you would like to accomplish and experience in the year ahead, what are your key takeaways?

Write down any thoughts you might have about what you really want your year to look like. **What goals matter most to you?** Which big challenges do you anticipate having to face and overcome? **What new stories do you want to tell yourself?**

Write down anything that occurs to you:

Once you're done, it's time to start making your boundless vision for your life a reality!

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with Coach Lori Anne
to Discuss Your
Bounce Pattern

“

*One conversation
can change your direction.
One decision
can change your life.*



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CLARITY IN YOUR MIND.



PURPOSE IN YOUR HEART.



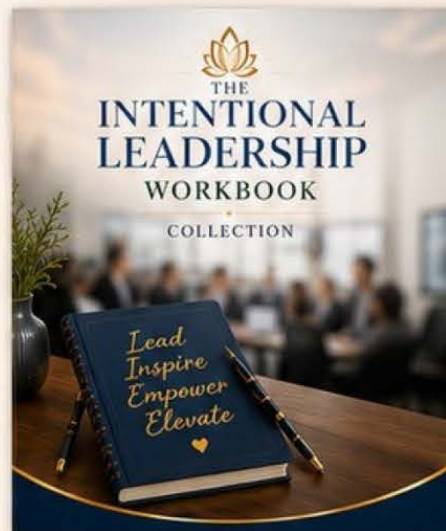
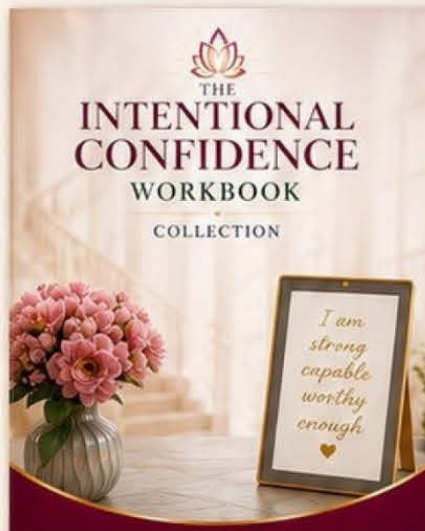
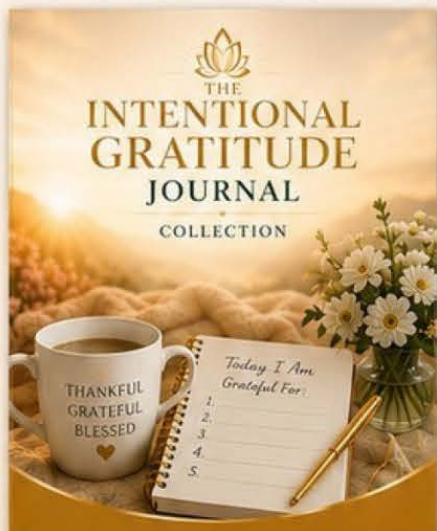
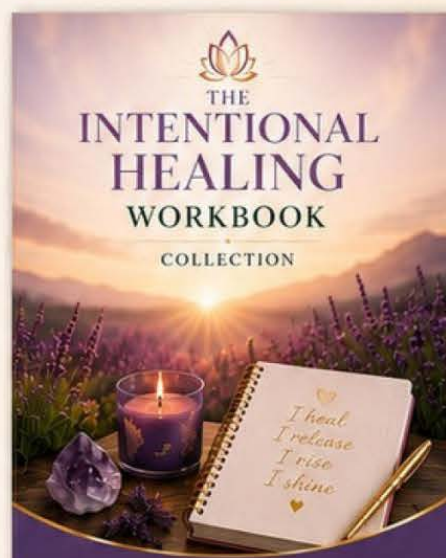
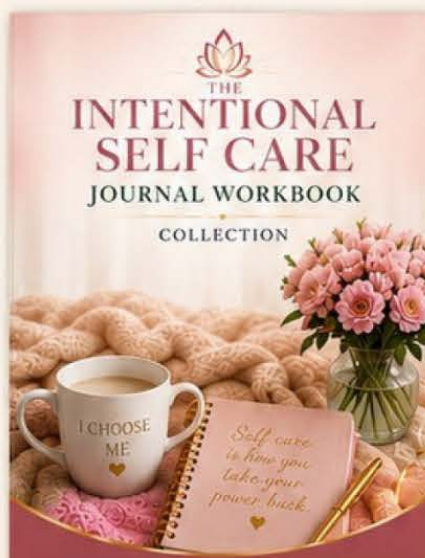
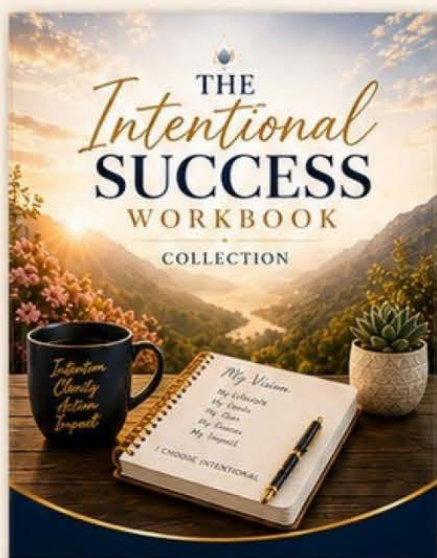
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